SRPMIC — Health Service's Disease Prevention

ZUMBATHON

COMEJOINTHE PARTY

Dress in your best Halloween costume



THURSDAY, OCTOBER 27

WHERE

LEHI COMMUNITY GENTER BASKETBALL

6:00 PM - 7:30 PM

witth

Zumba Instructor's

Robin Mowers , Ernestina Deer

8

Andrew Convales

4

ZUMBA fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away.

The routines feature interval training sessions where fast and

slow rhythms help to burn fat. Add some Latin and Hip Hop flavor

into the mix and you've got a Zumba class.

Question call SR Fitness Center 480-362-7320